

**PATIENT LIFESTYLE & TREATMENT QUESTIONNAIRE**

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

**CATARACT** is a term used to describe a clouding of the natural lens inside your eye.

**NEW GLASSES WILL NO LONGER IMPROVE YOUR VISION.** The only surgical treatment for a cataract is to replace it with a clear artificial lens implant. Today, you have options for lens implants, and the opportunity to have laser-guided surgery.

An important first step in your cataract treatment is this **Lifestyle Assessment**. This will help us understand what is most important to you. Currently, you may be able to drive or read without glasses.

1. Astigmatism can prevent you from seeing clearly. Do you have astigmatism?

YES  NO

2. Currently, can you drive or watch TV without glasses?

YES  NO

3. After your cataract is removed, would you like to see at a **distance** (driving, golf, etc.) without glasses?

**YES**, I prefer NOT to wear glasses  
 **NO**, it is not important to me

Would you pay out of pocket to achieve greater accuracy?

YES  NO

4. Currently, can you read or use the computer without glasses?

YES  NO

5. After your cataract is removed, would you like to see **up close** (reading books, computer, cellular phones, etc.) without glasses?

**YES**, I prefer NOT to wear glasses  
 **NO**, it is not important to me

Would you pay out of pocket to achieve greater accuracy?

YES  NO

**For Office Staff use only:**

Doctor's Recommendations:

- Monofocal Lens (Spheric/ Aspheric/ WFO)
- Astigmatic Correction (LRI/ TORIC)
- Crystalens AO
- Tecnis Multifocal / ReSTOR 3.0 D 4.0 D

Comments:  OD  OS

6. Laser-guided cataract surgery with lens implantation is more precise and accurate.

If it is determined that you are a good candidate, would you want to be treated with the laser?

YES  NO

Would you pay out of pocket to achieve greater accuracy?

YES  NO

7. How much do you drive at night?

← 1 — 5 — 10 →  
 Very Little Sometimes Very Often

8. Would you tolerate a degree of halo and glare around lights at night so you could do away with glasses and contacts?

YES  NO

9. Consider your personality. On the scale below, rank your personality by circling the area on the scale that best fits your personality type:

← 1 — 5 — 10 →  
 Easy Going In the Middle Perfectionist

After thorough consultation regarding risks, benefits and alternatives, patient has:

**ACCEPTED**  **DECLINED**

Patient Initial: \_\_\_\_\_ Consultant Initial: \_\_\_\_\_